



IUPUI

2017 IUPUI WOMEN'S TRACK & FIELD OUTDOOR LISTS

SEASON BESTS BY EVENT

Event	Time/Mark	Performer	Date
400	58.32	Amairany Cruz	4-22-2017
800	2:12.51	Amairany Cruz	4-29-2017
1500	4:33.43	Allie Wright	4-15-2017
3000	10:22.67	Katelyn Murphy	3-18-2017
5000	17:24.97	Katelyn Murphy	4-13-2017
10,000	37:39.04	Shelby Pake	3-24-2017
3000 Steeple	11:35.16	Haley Welch	5-12-2017
4x400	3:58.89	Cruz-M. Zajac-Guzman-Wright	4-22-2017
4x800			
4x1500	19:50.60	M. Zajac-Murphy-Welch-Tyler	3-25-2017

SCHOOL RECORDS BY EVENT

Event	Time/Mark	Performer	Date
400	58.18	Amairany Cruz	4-23-2016
800	2:11.95	Amairany Cruz	4-16-2016
1500	4:33.43	Allie Wright	4-15-2017
3000	9:58.97	Zoey Johnson	3-19-2016
5000	17:08.07	Zoey Johnson	3-25-2016
10,000	35:25.95	Zoey Johnson	4-14-2016
2000 Steeple	8:18.37	Emily Vctor	3-24-2012
3000 Steeple	11:18.56	Lexi Hunt	4-5-2014
4x400	3:57.12	Cruz-Zajac-Osterhout-Wright	5-14-2016
4x800	9:30.37	Osterhout-Welch-Riggins-Whidden	3-21-2015
4x1500	19:50.60	M. Zajac-Murphy-Welch-Tyler	3-25-2017



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400-METER DASH

IUPUI Record:	58.18	Amairany Cruz	4-23-2016
2017 Season Best:	58.32	Amairany Cruz	4-22-2017

2017 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Amairany Cruz	58.32	Illinois Twilight	4-22-2017
2.	Megan Zajac	1:00.52	Illinois Twilight	4-22-2017
3.	Maggie Shields	1:01.50	Summit League Championships	5-12-2017
4.	Rachel Saylor	1:02.13	Summit League Championships	5-12-2017

Top Ten Performances

1.	Amairany Cruz	58.18	4-23-16
2.	Amairany Cruz	58.32	4-22-17
3.	Megan Zajac	1:00.52	4-22-17
4.	Maggie Shields	1:01.50	5-12-17
5.	Maggie Shields	1:01.79	4-29-17
6.	Lauren Osterhout	1:01.83	4-2-16
7.	Mindy Whidden	1:01.94	4-25-15
8.	Rachel Saylor	1:02.13	5-12-17
9.	Lauren Osterhout	1:04.13	4-25-15
10.	Katie Williams	1:04.63	3-23-13

Top Ten Performers

1.	Amairany Cruz	58.18	4-23-16
2.	Megan Zajac	1:00.52	4-22-17
3.	Maggie Shields	1:01.50	5-12-17
4.	Lauren Osterhout	1:01.83	4-2-16
5.	Mindy Whidden	1:01.94	4-25-15
6.	Rachel Saylor	1:02.13	5-12-17
7.	Katie Williams	1:04.63	3-23-13



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800-METER DASH

IUPUI Record:	2:11.95	Amairany Cruz	4-16-2016
2017 Season Best:	2:12.51	Amairany Cruz	4-29-2017

2017 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Amairany Cruz	2:12.51	Lenny Lyles-Clark Wood Invite	4-29-2017
2.	Megan Zajac	2:12.70	Lenny Lyles-Clark Wood Invite	4-29-2017
3.	Allie Wright	2:16.14	Illinois Twilight	4-22-2017
4.	Valeria Guzman	2:18.62	Summit League Championships	5-13-2017
5.	Lauren Osterhout	2:19.95	Ball State Challenge	4-15-2017
6.	Sarah Childs	2:21.86	Ball State Challenge	4-15-2017
7.	Rachel Saylor	2:26.07	Oliver Nikoloff Open	4-1-2017
8.	Maggie Shields	2:30.19	Oliver Nikoloff Open	4-1-2017

Top Ten Performances

1.	Amairany Cruz	2:11.95	4-16-16
2.	Amairany Cruz	2:12.51	4-29-17
3.	Megan Zajac	2:12.70	4-29-17
4.	Amairany Cruz	2:12.74	4-14-17
5.	Amairany Cruz	2:12.75	4-15-16
6.	Megan Zajac	2:13.39	5-12-17
7.	Amairany Cruz	2:13.67	4-15-17
8.	Amairany Cruz	2:13.75	3-26-16
9.	Amairany Cruz	2:14.27	5-12-17
10.	Amairany Cruz	2:14.47	4-1-17

Top Ten Performers

1.	Amairany Cruz	2:11.95	4-16-16
2.	Megan Zajac	2:12.70	4-29-17
3.	Allie Wright	2:15.90	3-26-16
4.	Lauren Osterhout	2:16.11	4-23-16
5.	Mindy Whidden	2:17.07	3-28-15
6.	Julie Riggins	2:17.34	4-23-16
7.	Rachel Zajac	2:17.58	5-10-13
8.	Maggie Shields	2:17.64	3-26-16
9.	Valeria Guzman	2:19.53	4-29-17
10.	Haley Welch	2:19.83	4-29-16





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1,500-METER RUN

IUPUI Record:	4:33.43	Allie Wright	4-15-2017
2017 Season Best:	4:33.43	Allie Wright	4-15-2017

2017 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Allie Wright	4:33.43	Beach Invitational	4-15-2017
2.	Katelyn Murphy	4:42.25	Lenny Lyles-Clark Wood Invite	4-29-2017
3.	Haley Welch	4:43.94	Lenny Lyles-Clark Wood Invite	4-29-2017
4.	Alexis Lewandowski	4:48.87	Lenny Lyles-Clark Wood Invite	4-29-2017
5.	Sarah Childs	4:49.29	Lenny Lyles-Clark Wood Invite	4-29-2017
6.	Amairany Cruz	4:51.13	Stan Lyons Invitational	3-18-2017
7.	Megan Zajac	4:51.46	Stan Lyons Invitational	3-18-2017
8.	Jessica Backherms	4:53.04	Lenny Lyles-Clark Wood Invite	4-29-2017
9.	Valeria Guzman	4:55.53	Oliver Nikoloff Open	4-1-2017
10.	Kelsey Tyler	4:55.64	Beach Invitational	4-15-2017
11.	Marina Konow	5:05.18	Lenny Lyles-Clark Wood Invite	4-29-2017
12.	Shelby Pake	5:08.38	Stan Lyons Invitational	3-18-2017
13.	Maggie Shields	5:13.65	Stan Lyons Invitational	3-18-2017
14.	Mandy Campbell	5:39.87	Stan Lyons Invitational	3-18-2017

Top Ten Performances

1.	Allie Wright	4:33.43	4-15-17
2.	Allie Wright	4:34.63	4-29-17
3.	Allie Wright	4:35.83	4-29-16
4.	Allie Wright	4:37.72	4-14-17
5.	Amairany Cruz	4:37.80	4-29-16
6.	Allie Wright	4:40.16	3-25-16
7.	Allie Wright	4:40.30	3-24-17
8.	Allie Wright	4:40.37	5-14-16
9.	Julie Riggins	4:40.81	4-30-16
10.	Leah Brooks	4:40.82	4-23-16

Top Ten Performers

1.	Allie Wright	4:33.43	4-15-17
2.	Amairany Cruz	4:37.80	4-29-16
3.	Julie Riggins	4:40.81	4-30-16
4.	Leah Brooks	4:40.82	4-23-16
t-5.	Katelyn Murphy	4:42.25	4-29-17
t-5.	Rachel Zajac	4:42.25	4-27-13
7.	Valeria Guzman	4:42.33	5-15-15
8.	Haley Welch	4:43.94	4-29-17
9.	Rebekah Jones	4:44.28	4-20-12
10.	Savannah Turner	4:44.61	4-5-14





IUPUI

2,000-METER STEEPLECHASE

IUPUI Record: 8:18.37 Emily Vctor 3-24-2012

2017 Season Best:

2017 TOP PERFORMERS

Name	Time	Meet	Date
1.			

Top Ten Performances

1.	Emily Vctor	8:18.37	3-23-12
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Top Ten Performers

1.	Emily Vctor	8:18.37	3-23-12
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IUPUI

3,000-METER RUN

IUPUI Record:	9:58.97	Zoey Johnson	3-19-2016
2017 Season Best:	10:22.67	Katelyn Murphy	3-18-2017

2017 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Katelyn Murphy	10:22.67	Stan Lyons Invitational	3-18-2017
2.	Allie Wright	10:26.13	Stan Lyons Invitational	3-18-2017
3.	Alexis Lewandowski	10:30.76	Stan Lyons Invitational	3-18-2017
4.	Kelsey Tyler	10:35.70	Stan Lyons Invitational	3-18-2017
5.	Jennifer Emery	10:59.70	Stan Lyons Invitational	3-18-2017
6.	Valeria Guzman	11:05.32	Stan Lyons Invitational	3-18-2017
7.	Rachel Horn	11:22.98	Stan Lyons Invitational	3-18-2017
8.	Nicole Hampshire	11:40.02	Stan Lyons Invitational	3-18-2017

Top Ten Performances

1.	Zoey Johnson	9:58.97	3-19-16
2.	Savannah Turner	10:09.98	4-12-14
3.	Leah Brooks	10:17.32	4-23-16
4.	Leah Brooks	10:20.94	3-26-16
5.	Savannah Turner	10:21.45	3-22-14
6.	Katelyn Murphy	10:22.67	3-18-17
7.	Rachel Zajac	10:24.66	3-23-12
8.	Leah Brooks	10:25.25	4-12-14
9.	Allie Wright	10:26.13	3-18-17
10.	Rebecca Downs	10:27.47	3-23-12

Top Ten Performers

1.	Zoey Johnson	9:58.97	3-19-16
2.	Savannah Turner	10:09.98	4-12-14
3.	Leah Brooks	10:17.32	4-23-16
4.	Katelyn Murphy	10:22.67	3-18-17
5.	Rachel Zajac	10:24.66	3-23-12
6.	Allie Wright	10:26.13	3-18-17
7.	Rebecca Downs	10:27.47	3-23-12
8.	Jordan Hanaway	10:27.99	3-27-15
9.	Alexis Lewandowski	10:31.99	3-26-16
10.	Rebekah Jones	10:32.43	3-23-12





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3,000-METER STEEPLECHASE

IUPUI Record:	11:18.56	Lexi Hunt	4-5-2014
2017 Season Best:	11:35.16	Haley Welch	5-12-2017

2017 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Haley Welch	11:35.16	Summit League Championships	5-12-2017
2.	Alexis Lewandowski	11:39.28	Summit League Championships	5-12-2017

Top Ten Performances

1.	Lexi Hunt	11:18.56	4-5-14
2.	Rachel Pease	11:19.52	4-19-13
3.	Amy Mattingly	11:20.62	5-16-14
4.	Amy Mattingly	11:25.31	4-4-15
5.	Lexi Hunt	11:26.09	4-28-16
6.	Rachel Pease	11:26.20	5-10-13
7.	Rachel Zajac	11:27.09	3-31-12
8.	Lexi Hunt	11:29.51	5-14-15
9.	Amy Mattingly	11:30.60	4-5-14
10.	Lexi Hunt	11:31.89	5-2-15

Top Ten Performers

1.	Lexi Hunt	11:18.56	4-5-14
2.	Rachel Pease	11:19.52	4-19-13
3.	Amy Mattingly	11:20.62	5-16-14
4.	Rachel Zajac	11:27.09	3-31-12
5.	Haley Welch	11:35.16	5-12-17
6.	Alexis Lewandowski	11:39.28	5-12-17
7.	Mandy Campbell	11:52.77	4-28-16
8.	Ana Paez	12:05.35	3-31-12
9.	Emily Vetor	12:10.66	4-19-13



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5,000-METER RUN

IUPUI Record:	17:08.07	Zoey Johnson	3-25-2016
2017 Season Best:	17:24.97	Katelyn Murphy	4-13-2017

2017 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Katelyn Murphy	17:24.97	Bryan Clay Invitational	4-13-2017
2.	Kelsey Tyler	17:58.11	Oliver Nikoloff Open	4-1-2017
3.	Alexis Lewandowski	18:12.23	Raleigh Relays	3-24-2017
4.	Shelby Pake	18:13.55	Illinois Twilight	4-22-2017
5.	Jennifer Emery	18:22.68	Oliver Nikoloff Open	4-1-2017
6.	Haley Welch	18:31.86	Oliver Nikoloff Open	4-1-2017
7.	Marina Konow	19:14.75	Illinois Twilight	4-22-2017
8.	Rachel Horn	19:21.63	Ball State Challenge	4-15-2017
9.	Nicole Hampshire	19:58.80	Oliver Nikoloff Open	4-1-2017
10.	Sydney Berger	20:30.26	Oliver Nikoloff Open	4-1-2017

Top Ten Performances

1.	Zoey Johnson	17:08.07	3-25-16
2.	Zoey Johnson	17:09.71	4-29-16
3.	Rachel Zajac	17:14.63	4-18-14
4.	Rachel Zajac	17:16.43	4-21-14
5.	Katelyn Murphy	17:24.97	4-13-17
6.	Katelyn Murphy	17:30.64	4-1-17
7.	Leah Brooks	17:35.03	4-14-16
8.	Jennifer Emery	17:36.88	4-28-16
9.	Zoey Johnson	17:37.04	5-14-16
10.	Rachel Zajac	17:41.97	5-17-14

Top Ten Performers

1.	Zoey Johnson	17:08.07	3-25-16
2.	Rachel Zajac	17:14.63	4-18-14
3.	Katelyn Murphy	17:24.97	4-13-17
4.	Leah Brooks	17:35.03	4-14-16
5.	Jennifer Emery	17:36.88	4-28-16
6.	Savannah Turner	17:44.11	4-28-16
7.	Alexis Lewandowski	17:46.25	4-28-16
8.	Jordan Hanaway	17:48.36	4-4-15
9.	Kelsey Tyler	17:58.11	4-1-17
10.	Rebekah Jones	17:59.81	4-20-12



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10,000-METER RUN

IUPUI Record:	35:25.95	Zoey Johnson	4-14-2016
2017 Season Best:	37:39.04	Shelby Pake	3-24-2017

2017 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Shelby Pake	37:39.04	Raleigh Relays	3-24-2017
2.	Jennifer Emery	37:58.14	Summit League Championships	5-11-2017

Top Ten Performances

1.	Zoey Johnson	35:25.95	4-14-16
2.	Zoey Johnson	36:34.35	5-12-16
3.	Savannah Turner	36:50.93	4-17-14
4.	Savannah Turner	37:27.76	5-15-14
5.	Alexis Lewandowski	37:31.33	4-14-16
6.	Shelby Pake	37:39.04	3-24-17
7.	Shelby Pake	37:40.84	5-11-17
8.	Rebecca Downs	37:45.26	3-29-13
9.	Jordan Hanaway	37:46.04	4-16-15
10.	Rebecca Downs	37:52.25	4-6-12

Top Ten Performers

1.	Zoey Johnson	35:25.95	4-14-16
2.	Savannah Turner	36:50.93	4-17-14
3.	Alexis Lewandowski	37:31.33	4-14-16
4.	Shelby Pake	37:39.04	3-24-17
5.	Rebecca Downs	37:45.26	3-29-13
6.	Jordan Hanaway	37:46.04	4-16-15
7.	Jennifer Emery	37:58.14	5-11-17
8.	Lexi Hunt	39:14.63	5-9-13
9.	Sydney Chapman	40:43.09	5-9-13





IUPUI

4X400-METER RELAY

IUPUI Record:	3:57.12	IUPUI 'A'	5-14-2016
	Amairany Cruz-Megan Zajac-Lauren Osterhout-Allie Wright		
2017 Season Best:	3:58.89	IUPUI 'A'	4-22-2017
	Amairany Cruz-Megan Zajac-Valeria Guzman-Allie Wright		

2017 TOP PERFORMERS

	Name	Time	Meet	Date
1.	IUPUI 'A'	3:58.89	Illinois Twilight	4-22-2017
	Amairany Cruz-Megan Zajac-Valeria Guzman-Allie Wright			
2.	IUPUI 'A'	3:59.50	Summit League Championships	5-13-2017

4X800-METER RELAY

IUPUI Record:	9:30.37	IUPUI	3-21-2015
	Lauren Osterhout-Haley Welch-Julie Riggins-Mindy Whidden		
2017 Season Best:			

2017 TOP PERFORMERS

	Name	Time	Meet	Date
1.				

4x400 Relay - Top 10 List

1.	IUPUI	3:57.12	5-14-16
2.	IUPUI	3:58.89	4-22-17
3.	IUPUI	3:59.36	4-23-16
4.	IUPUI	3:59.50	5-13-17
5.	IUPUI	4:04.19	5-15-15
6.	IUPUI	4:11.12	5-11-13

4x800 Relay - Top 10 List

1.	IUPUI	9:30.37	3-21-15
2.	IUPUI	9:36.29	3-22-14



IUPUI

4x1500-METER RELAY

IUPUI Record:	19:50.60	IUPUI 'A'	3-25-2017
Megan Zajac-Katelyn Murphy-Haley Welch-Kelsey Tyler			
2017 Season Best:	19:50.60	IUPUI 'A'	3-25-2017
Megan Zajac-Katelyn Murphy-Haley Welch-Kelsey Tyler			

2017 TOP PERFORMERS

	Name	Time	Meet	Date
1.	IUPUI 'A'	19:50.60	Raleigh Relays	3-25-2017

4x1500 Relay - Top 10 List

1.	IUPUI	19:50.60	3-24-17
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PERSONAL BESTS BY PERFORMER

Performer	800m	1,500m	3,000m	3K Steeple	5,000m	10,000m
Jessica Backherms	---	4:53.04	---	---	---	---
Sydney Berger	---	---	---	---	20:30.26	---
Mandy Campbell	2:28.13	5:04.58	11:01.46	11:52.77	19:30.12	---
Sarah Childs	2:21.86	4:49.29	11:13.79	---	---	---
Amairany Cruz	2:11.95	4:37.80	---	---	---	---
Jennifer Emery	---	5:07.56	10:46.17	---	17:36.88	37:58.14
Valeria Guzman	2:18.62	4:42.33	11:05.32	---	18:24.86	---
Nicole Hampshire	---	---	11:40.02	---	19:58.80	---
Rachel Horn	---	---	11:22.98	---	19:21.63	---
Zoey Johnson	---	4:48.87	9:58.97	---	17:08.07	35:25.95
Ashley Kidwell	---	---	12:02.88	---	---	---
Marina Konow	---	5:04.36	11:18.71	---	18:26.27	---
Alexis Lewandowski	---	4:48.87	10:30.76	11:39.28	17:46.25	37:31.33
Katelyn Murphy	---	4:42.25	10:22.67	---	17:24.97	---
Lauren Osterhout	2:16.11	4:47.45	---	---	---	---
Shelby Pake	---	5:08.38	---	---	18:13.55	37:39.04
Rachel Saylor	2:26.07	---	---	---	---	---
Maggie Shields	2:17.64	5:13.65	---	---	---	---
Rachel Thompson	---	5:02.84	---	---	18:39.19	---
Kelsey Tyler	---	4:48.63	10:35.70	---	17:58.11	---
Haley Welch	2:19.83	4:43.94	---	11:35.16	18:31.86	---
Allie Wright	2:15.90	4:33.43	10:26.13	---	---	---
Megan Zajac	2:12.70	4:51.46	---	---	---	---